High School

Hello October!

OCT. 2	Mini Beef Cheeseburger Sliders	
OCT. 3	Chicken Tenders w/Potato Wedges & Roll	
OCT. 4	Turkey Gravy w/Mashed Potatoes & Roll	
OCT. 5	Mac & Cheese BBQ Pulled Pork Bowl	
OCT. 6	Parmesan Chicken Sandwich] _a ,
OCT. 9	Homemade Bean and Cheese Burrito	notice
OCT. 10	Beef Walking Taco	
OCT. 11	Green Chili Chicken Enchiladas w/Rice & Beans	without
OCT. 12	Turkey & Cheese Hoagie	_ <u>;</u>
OCT. 13	Chili Verde Pork Fries w/Graham Crackers	
OCT. 16	Beef Pretzel Dog	change
OCT. 17	General Tso's Wings w/Potato Wedges & Fresh Baked Biscuit	S-
OCT. 18	Red Chili Turkey Pozole w/Tortilla Chips	_ 2
OCT. 19	Beef Enchiladas w/Rice & Beans	et
OCT. 20	Chicken and Waffles (Nat'l Chicken and Waffles Day)	subject
OCT. 23	Chili Verde Fries w/Belly Bears	is s
OCT. 24	,	Menu
OCT. 25	Chicken Fettuccini Alfredo w/Bread Stick (World Pasta Day)	Ĭ
OCT. 26	Beef Italian Pasta Bake w/Bread Stick	
OCT. 27	† · · · · · · · · · · · · · · · · · · ·	
OCT. 30		
OCT. 31	Kung Pao Chicken w/Chow Mein	

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MONDAY	PROTEIN BOX
TUESDAY	TACO SALAD
WEDNESDAY	CRUNCHY CHICKEN
	WRAP
THURSDAY	CHEF SALAD
FRIDAY	SPICY CHICKEN
	SALAD W/TAPATIO
	RANCH DRESSING

Condiment Choices:

Ketchup, Mustard, Mayonnaise, Homemade Ranch Dressing, Tapatio Sauce, Soy Sauce, Tajin

Daily Milk Choices:

1% Low Fat White Milk

Non-Fat Chocolate Milk

Daily Lunch Selections

Teriyaki Chicken w/Seasonal Vegetables and Chow Mein
Pepperoni French Bread Pizza (Tuesday, Thursday, Friday Only)
Pizza Hut Pepperoni Pizza (Monday and Wednesday Only)
Spicy Chicken Sandwich
The Hive Cheeseburger w/special sauce
Macho Grande Burritos
Yogurt Parfaits w/Fire Roasted Apples and Granola
Seasonal Farm Fresh Fruit
Cool Tropics 100% Fruit Juice Slush (Monday and Friday Only)
Frozen Fruit Cup Variety (Tuesday and Thursday Only)
Vegetarian BBQ Baked Beans
Spring Mix Garden Salad
Seasoned Potato Wedges
Baby Carrots